

# WEEK-AT-A-GLANCE

The latest news and updates from Flat Rock Middle School



## LOOKING AHEAD

<b>Mon. 11/6 - Personalized Learning Day from Home</b>
<b>Tue. 11/7 - Art club</b> meeting 3:10- 4:30pm <b>Drama Trip to Trilith Studios</b> 3:30-5:30- <b>Musical Rehearsal</b> - Whos ONLY
<b>Wed. 11/8 - 3:30-5:30- Musical Rehearsal</b> - Gertrude & Horton <a href="#">PTO meeting 6:30-7:30pm via Zoom</a>
<b>Thu. 11/9 - 9am - Veterans Day Assembly</b> 5:00 pm - <b>7th Grade Basketball Game</b> vs WMS @ FRMS
<b>Fri. 11/10 - 3:30-5:30- Musical Rehearsal</b> - Full Cast EXCEPT Whos

## ACADEMIC TEAM SUCCESS

A proud moment for our school, on October 26th our **FRMS Academic Team** had their second academic bowl competition, hosted at our school. They maintained their spot in second place, and they are working hard to close the gap. Their next competition is November 14th at Lamar County Middle School. Good luck Eagles!



### VETERANS DAY

**HONORING ALL WHO SERVED**

*Flat Rock Middle School*  
invites all Veterans and your families to attend our annual *Veterans Day Assembly.*

Date: Thursday, November 9, 2023  
Location: Flat Rock Middle School  
325 Jenkins Road, Tyrone, GA  
Time: 9:00 - 10:00 a.m.  
(arrive between 8:30 - 9:00 to be seated as a group)

*Reception to follow*

We would like to include you in our slide show. Please submit a photo and your service information to <https://forms.gle/eoQBpiKxKdWJA1f47> on or before October 6, 2023.

If you will be able to join us for the assembly, please respond here: <https://forms.gle/Wlkma76t9V1YPdp6>



### A message from the **SCHOOL NURSE**

We will have our Scoliosis Screening on November 14th for 6th grade and November 15th for 8th grade. Return Form 4400 only if your student has been screened for scoliosis by their healthcare provider OR if you sign the opt out section.

Nurse Rowell sent an email in August containing scoliosis information. [To review that information click here.](#)

Word of the month

**Motivated**

# Leadership

Trait of the week

**Being Considerate of the Feeling of Others**



## STUDENT OF THE WEEK - RAYMOND WILLIAMS II

This week, we are proud to recognize our Student of the Week for their exceptional display of consideration and kindness towards others. This student consistently goes above and beyond to ensure that the feelings and well-being of others are taken into account. He has a remarkable ability to actively listen to his classmates, making everyone feel valued and heard. His willingness to extend a helping hand whenever it's needed contributes to a more compassionate school community. Congratulations to **Raymond Williams** from Team 6C for exemplifying the true essence of being considerate and kind to others.

## MERCEDES BENZ STADIUM FIELD TRIP

On October 31, Team 7A participated in a VIP Steam Tour at Mercedes-Benz Stadium. Students were given an in-depth tour of the building. Students were able to visit the Atlanta Falcons Locker Room, as well as the Atlanta United Locker Room. Students also participated in a speed and velocity lesson, which allowed students to run on the field in order to retrieve their fastest run time in competition with other peers. Did you know that the Mercedes-Benz Stadium is a no-waste facility? This means that everything is recycled and all extra food is composted. Did you know that Mercedes-Benz stadium also has a full garden, which houses bees for the purpose of pollinating the flowers in the city? All in all, Team 7A had a great time and learned a lot of information as it relates to STEAM and its many functions.



## CHORUS DISTRICT 6 HONORS

Thirteen students were selected to represent Flat Rock Middle School in this years District 6 Honors Chorus. The students participated in a full day musical workshop with distinguished conductors, partnered with chorus students from schools throughout the district and in the evening performed in a community concert to showcase their talents. The concert came to a close with a fantastic rendition of Michael Jackson's Thriller!





# Stay connected. Be informed.

**CLICK ON THE IMAGES FOR MORE INFORMATION**

**DO GOOD WITH CHIPOTLE**

CHIPOTLE FUNDRAISER FOR  
**FLAT ROCK MIDDLE SCHOOL PTO**

33% OF EVENT SALES GET DONATED TO THE CAUSE

**SATURDAY, NOVEMBER 4TH | 5-9PM**  
 1135 HIGHWAY 85 N STE E, FAYETTEVILLE, GA, 30214

ORDER ONLINE FOR PICKUP USING CODE **7VA9RCH**  
 OR SHOW THIS FLYER IN RESTAURANT

For online orders to count towards the fundraiser, they must be placed for pickup only from the restaurant location of, and during the hours of, the fundraiser. Delivery orders and gift cards do not qualify. \$150 minimum event sales required to receive any donation.

## SMASH Tutoring Schedule

### November Opportunities

Monday	Tuesday	Wed.	Thursday	Friday
Nov. 6	Nov. 7	Nov. 8	Nov. 9	Nov. 10
Personalized learning day	Math 8th grade	ELA 6th grade	Science 8th grade	
	ELA 7th grade		ELA 8th grade	
Nov. 13	Nov. 14	Nov. 15	Nov. 16	Nov. 17
Math 6th grade	Math 8th grade	ELA 6th grade	Science 8th grade	
	ELA 7th grade			
Nov. 20	Nov. 21	Nov. 22	Nov. 23	Nov. 24
No school	Thanksgiving	Break	No school	No school
Nov. 27	Nov. 28	Nov. 29	Nov. 30	Dec. 1
Math 6th grade	Math 8th grade	ELA 6th grade		
	ELA 8th grade	Math 7th grade		

**Students Meeting After School for Help**

- Tutoring sessions will be held after school until 4:30pm.
- Students must have transportation home, there will be no bus transportation available.
- Students can only sign up for their specific grade level classes.
- Students can attend more than one tutoring session a week.
- Space is limited to 15 students per session.
- Registration is required to attend.
- If you have any questions, email Mrs. Cannington at [cannington.brenda@fcboe.org](mailto:cannington.brenda@fcboe.org).

**Sign Up Links:**

[ELA](#)   [Science](#)  
[Math](#)

## WANT A FREE THANKSGIVING MEAL?

**PINECREST CHURCH WOULD LOVE TO SERVE YOUR FAMILY**

SCAN THE QR CODE OR VISIT THE WEBSITE TO REGISTER

PINECREST CHURCH IS LOCATED AT  
 103 OLD NORTON ROAD  
 FAYETTEVILLE, GA, 30215

WE GATHER EVERY SUNDAY AT 10:30A

*GATHER WITH US!*

[PINECRESTCHURCH.NET/THANKSGIVING23](http://PINECRESTCHURCH.NET/THANKSGIVING23)

PLEASE REGISTER YOUR FAMILY BY NOVEMBER 15  
 FAYETTE CO. MEALS WILL BE DELIVERED  
 NOVEMBER 22 BETWEEN 6-7PM

# PTO MEETING

Join us for our upcoming PTO meeting! Stay informed and up to date with current activities. We want to hear from you!

**Wednesday, November 8, 2023**  
 6:30pm

Zoom meeting link: <https://fcboe-org.zoom.us/j/81521569204t>

**WE NEED YOU!**

## STEAM Links

In the Food Forest with Mrs. T Newsletter

November:  
FRMS Food Box

For questions, contact Mrs. Thompson at [thompson.sarah@fcboe.org](mailto:thompson.sarah@fcboe.org)

## VOLUNTEERS NEEDED!

CALLING ALL VOLUNTEERS!  
 WE NEED YOUR HELP!

Flat Rock PTO is looking for dedicated individuals to join us in our mission to make a positive impact for our students and teachers!

Contact us today to learn more about our PTO  
[frmvolunteers@gmail.com](mailto:frmvolunteers@gmail.com)

[HTTPS://BIT.LY/3RQHNK1](https://bit.ly/3RQHNK1)

Click this flyer to visit our volunteer sign-up page. Same link all year! (save in your faves!)

# UN VISTAZO DE LA SEMANA

Las últimas noticias y actualizaciones de Flat Rock Middle School



## PROXIMA SEMANA

<b>Lunes 11/6 - Dia de Aprendizaje Personalizado</b>
<b>Martes 11/7 - Reunión del Club de Arte 3:10- 4:30pm</b> <b>Drama Trip to Trilith Studios</b> 3:30-5:30- <b>Recital Musical - Whos ONLY</b>
<b>Miercoles 11/8 - 3:30-5:30- Recital Musical - Gertrude &amp; Horton</b> <a href="#">Reunion del PTO 6:30-7:30pm via Zoom</a>
<b>Jueves 11/9 - 9am - Asamblea del Día de Veteranos</b> 5:00 pm - <b>Juego de Basketball de 7mo Grado WMS @ FRMS</b>
<b>Viernes 11/10 - 3:30-5:30- Recital Musical -Todo el Elenco EXCEPT Whos</b>

## ÉXITO DEL EQUIPO ACADÉMICO

Un momento de orgullo para nuestra Escuela, el 26 de Octubre, nuestro Equipo Académico de FRMS tuvo su segunda competencia académica organizada en nuestra escuela. Mantuvieron su puesto en el segundo lugar y están trabajando duro para cerrar la brecha. Su próxima competencia es el 14 de Noviembre en la Escuela Secundaria del condado de Lamar. ¡Buena suerte Águilas!



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If you will be able to join us for the assembly, please respond here: <https://forms.gle/WLkmg76tZ9V1YPdp6>



## NOTICIAS DE LA ENFERMERÍA-

Tendremos nuestra Evaluación de Escoliosis el 14 de Noviembre para 6° grado y el 15 de Noviembre para 8° grado. Devuelva el Formulario 4400 solo si su proveedor de atención médica ha examinado a su hijo/a para detectar escoliosis O si usted firma la sección de exclusión voluntaria.

La enfermera Rowell envió un correo electrónico en Agosto con información sobre la escoliosis.

[Para revisar esa informacion haga click aqui.](#)

**ESTUDIANTE DE LA SEMANA - RAYMOND WILLIAMS II**

Esta semana, estamos orgullosos de reconocer a nuestro Estudiante de la Semana por su excepcional muestra de consideración y amabilidad hacia los demás. Este estudiante constantemente hace todo lo posible para garantizar que se tengan en cuenta los sentimientos y el bienestar de los demás. Tiene una notable capacidad para escuchar activamente a sus compañeros, haciendo que todos se sientan valorados y escuchados. Su disposición a extender una mano amiga cuando sea necesario contribuye a una comunidad escolar más compasiva. Felicidades a **Raymond Williams** del Equipo 6C por ejemplificar la verdadera esencia de ser considerado y amable con los demás.

**SALIDA DE CAMPO AL ESTADIO MERCEDES BENZ**

El 31 de Octubre, el equipo 7A participó en un VIP Steam Tour en el estadio Mercedes-Benz. Los estudiantes realizaron un recorrido en profundidad por el edificio. Los estudiantes pudieron visitar el vestuario de los Atlanta Falcons, así como el vestuario de Atlanta United. Los estudiantes también participaron en una lección de velocidad, que les permitió correr en el campo para recuperar su tiempo de carrera más rápido en competencia con otros compañeros. ¿Sabías que el estadio Mercedes-Benz es una instalación sin residuos? Esto significa que todo se recicla y toda la comida sobrante se convierte en abono. ¿Sabías que el estadio Mercedes-Benz también tiene un jardín completo en el que las abejas polinizan las flores de la ciudad? Considerándolo todo, el Equipo 7A se lo pasó genial y aprendió mucha información relacionada con STEAM y sus numerosas funciones.

**CORO DE HONORES DEL DISTRITO 6**

Trece estudiantes fueron seleccionados para representar a la Escuela Flat Rock Middle en el Coro de Honores del Distrito 6 de este año. Los estudiantes participaron en un taller musical de día completo con distinguidos directores, se asociaron con estudiantes de coro de escuelas de todo el distrito y por la noche actuaron en un concierto comunitario para mostrar sus talentos. El concierto finalizó con una fantástica interpretación de Thriller de Michael Jackson!





# Manténgase conectado. Esté informado.

HAGA CLICK EN LAS IMÁGENES PARA MÁS INFORMACIÓN

WE CAN DO THIS!!! FOOD WITH INTEGRITY  
COMMUNITY STARTS HERE  
FOIL-WRAPPED  
33% TASTE  
MADE  
EVERY  
DAY  
HELPING  
GENERATE  
MATH

## HAZ EL BIEN CON CHIPOTLE



RECAUDACIÓN DE FONDOS PARA  
**FLAT ROCK MIDDLE SCHOOL PTO**

33% DE LAS VENTAS DEL EVENTO SERÁN DONADAS A LA CAUSA

**SÁBADO, NOVIEMBRE 4º | 5-9PM**  
1135 HIGHWAY 85 N STE E, FAYETTEVILLE, GA, 30214

ORDENA EN LÍNEA PARA RECOGER USANDO EL CÓDIGO 7VA9RCH O MUESTRA ESTE VOLANTE EN EL RESTAURANTE



Para que las órdenes en línea se tengan en cuenta para el evento de recaudación de fondos, deberán ser del mismo lugar del evento y realizarse durante las horas del mismo. Las órdenes con servicio de entrega y las realizadas con una tarjeta de regalo no cuentan para el evento. Se requiere un mínimo de \$150 dólares de ventas para recibir cualquier donación.

## SMASH Tutoring Schedule

Oportunidades para Noviembre

Lunes	Martes	Miércoles	Jueves	Viernes
Nov. 6	Nov. 7	Nov. 8	Nov. 9	Nov. 10
Personalized learning day	8vo Grado Matemática	6to Grado Ingles	8vo grado ciencias	
	7mo Grado Ingles		8vo Grado Ingles	
Nov. 13	Nov. 14	Nov. 15	Nov. 16	Nov. 17
6to Grado Matemática	8vo Grado Matemática	6to Grado Ingles	8vo grado ciencias	
	7mo Grado Ingles			
Nov. 20	Nov. 21	Nov. 22	Nov. 23	Nov. 24
No School	Thanksgiving	Break	No School	No School
Nov. 27	Nov. 28	Nov. 29	Nov. 30	Dec. 1
6to Grado Matemática	8vo Grado Matemática	6to Grado Ingles		
	8vo Grado Ingles	7mo Grado Matemática		

- Las sesiones de tutoría se llevarán a cabo después de la escuela hasta las 4:30 p. m.
- Los estudiantes deben tener transporte a casa, no habrá transporte en autobús escolar disponible.
- Los estudiantes solo pueden inscribirse en las clases específicas de su nivel de grado.
- Los estudiantes pueden asistir a más de una sesión de tutoría por semana.
- El espacio está limitado a 15 estudiantes por sesión.
- Es necesario registrarse para asistir.
- Si tiene alguna pregunta, envíe un correo electrónico a la Sra. Cannington a [cannington.brenda@fcboe.org](mailto:cannington.brenda@fcboe.org).

Haga click en la clase a continuación para registrarse.  
**Ingles**  
**Ciencias**  
**Matemáticas**

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## Enlaces de STEAM

Noviembre: [Caja de Alimentos de FRMS](#)

[En la Granja de Alimentos con la Sra. T.](#)

Si tiene preguntas, comuníquese con la Sra. Thompson en [thompson.sarah@fcboe.org](mailto:thompson.sarah@fcboe.org)

## VOLUNTEERS NEEDED!

CALLING ALL VOLUNTEERS!  
WE NEED YOUR HELP!

Flat Rock PTO is looking for dedicated individuals to join us in our mission to make a positive impact for our students and teachers!

Contact us today to learn more about our PTO  
[frmsvolunteers@gmail.com](mailto:frmsvolunteers@gmail.com)

[HTTPS://BIT.LY/3RQHNKI](https://bit.ly/3RQHNKI)

Click this flyer to visit our volunteer sign-up page. Same link all year! (Save in your fave!)

